



OCEAN DENTAL

300-4789 Kingsway, Burnaby, BC V5H 0A3

604-432-7874

POST SEDATION PATIENT INSTRUCTIONS

Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.

DISCHARGE FROM OFFICE

- The patient must be discharged into the care of a responsible adult who can accompany him/her home
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night

TRANSPORTATION FROM OFFICE

- Private automobile is preferred

FOOD AND BEVERAGES

- Clear liquids are advised initially and, after that, diet as tolerated
- Do not drink alcohol in any form for 24 hours

MEDICATIONS

- Resume normal medication as directed by physician after appointment.

ACTIVITY RESTRICTIONS

- Do not operate motor vehicles, boats, power tools or machinery for 24 hours or longer if drowsiness or dizziness persists
- Do not operate an aircraft for at least 48 hours following minimal or moderate sedation
- Do not sign or enter into any legal contract for at least 24 hours

PROBLEMS

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, **please notify the dental office at 604.432.7874**