



OCEAN DENTAL

300-4789 Kingsway, Burnaby, BC V5H 0A3

604-432-7874

PRE - SEDATION PATIENT INSTRUCTIONS

For the safe treatment of the patient, the following pre-sedation instructions must be followed very carefully.

FOOD AND BEVERAGE

- Nothing to eat or drink for 8 hours prior to dental procedure with the exception of water and clear fluids (Apple juice, tea, coffee, water)
- Stop drinking clear fluids four (4) hours prior to dental procedure
- For 6 hours after sedation eat/drink only lightly (ie. Toast and a clear fluid)

MEDICATIONS

- It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis

CLOTHING

- Remove nail polish from at least one fingernail on each hand
- Wear loose casual clothing for your appointment (ie. Short sleeve t-shirt)
- Female patients should wear slacks
- Best to leave jewelry and valuables at home

SMOKING

- Refrain from smoking prior to treatment

TRANSPORTATION

- Under no conditions can you drive yourself home. A responsible adult (excluding a taxicab driver) must accompany you home

CHANGE IN HEALTH STATUS

- If your general health deteriorates (ie, cold, cough, fever etc.) contact the dental office prior to the day of the appointment
- If in doubt, please phone the office to report the change in your health status

If you have any questions, please do not hesitate to ask them. It is important that you understand the circumstances surrounding this treatment.